

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



RHYTHMIC GYMNASTICS APPARATUS PROGRAMME



SENIOR:

Individual Gymnasts: 4 exercises

2019 – 2020				
2021 – 2024				
2025 – 2028				

Groups: 2 exercises

2020	5	3 2 pairs
2021	5	3 2 pairs
2022 – 2024	5	3 2
2025	5	3 2
2026 – 2028	5	3 2 pairs

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



RHYTHMIC GYMNASTICS APPARATUS PROGRAMME



JUNIOR:

Individual Gymnasts: 4 exercises

2019 – 2020				
2021 – 2024				
2025 – 2028				

Groups: 2 exercises

2020	5	5
2021	5	5
2022 – 2023	5	5
2024 – 2025	5 pairs	5
2026 - 2027	5	5
2028- 2029	5	5