



**FIG RHYTHMIC GYMNASTICS WORLD CUP**  
**22 – 24 MARCH 2024**  
**PALAO FALIRO, ATHENS (GRE)**



**All Around Group Competition - 5 HOOPS - Friday 22th March**  
**22/3/24 18:30**

GROUP A		WARM UP 40'			TRAINING HALL 55'			5'		FOP
START	NF	FLOOR 7	FLOOR 6	WALKING 5'	FLOOR 5	FLOOR 4	FLOOR 3	FLOOR 2	WAITING AREA 5'	FLOOR 1
ORDER										
1	ISR	16:40		5'	17:25			18:20	18:25	18:30
2	BUL		16:45	5'			17:30	18:25	18:30	18:35
3	POL	16:50		5'	17:35			18:30	18:35	18:40
4	GER		16:55	5'			17:40	18:35	18:40	18:45
5	HUN	17:00		5'		17:45		18:40	18:45	18:50
6	ITA		17:05	5'	17:50			18:45	18:50	18:55
7	CHN	17:10		5'		17:55		18:50	18:55	19:00

**All Around Group Competition - 5 HOOPS - Friday 22th March**  
**22/3/24 19:30**

GROUP B		WARM UP 40'			TRAINING HALL 55'			5'		FOP
START	NF	FLOOR 7	FLOOR 6	WALKING 5'	FLOOR 5	FLOOR 4	FLOOR 3	FLOOR 2	WAITING AREA 5'	FLOOR 1
ORDER										
1	FIN		17:40	5'	18:25			19:20	19:25	19:30
2	MEX	17:45		5'		18:30		19:25	19:30	19:35
3	TUR		17:50	5'	18:35			19:30	19:35	19:40
4	JPN	17:55		5'		18:40		19:35	19:40	19:45
5	GRE		18:00	5'			18:45	19:40	19:45	19:50
6	UKR	18:05		5'	18:50			19:45	19:50	19:55
7	ESP		18:10	5'			18:55	19:50	19:55	20:00
8	BRA	18:15		5'		19:00		19:55	20:00	20:05



**FIG RHYTHMIC GYMNASTICS WORLD CUP**  
**22 – 24 MARCH 2024**  
**PALAIIO FALIRO, ATHENS (GRE)**



**All Around Group Competition - 3 RIBBONS + 2 BALLS - Saturday 23th March**  
**23/3/24 18:00**

GROUP B		WARM UP 40'			TRAINING HALL 55'			5'	FOP	
START	NF	FLOOR 7	FLOOR 6	WALKING 5'	FLOOR 5	FLOOR 4	FLOOR 3	FLOOR 2	WAITING AREA 5'	FLOOR 1
ORDER										
1	FIN	16:10		5'		16:55		17:50	17:55	18:00
2	MEX		16:15	5'	17:00			17:55	18:00	18:05
3	TUR	16:20		5'		17:05		18:00	18:05	18:10
4	JPN		16:25	5'	17:10			18:05	18:10	18:15
5	GRE	16:30		5'		17:15		18:10	18:15	18:20
6	UKR		16:35	5'			17:20	18:15	18:20	18:25
7	ESP	16:40		5'	17:25			18:20	18:25	18:30
8	BRA		16:45	5'			17:30	18:25	18:30	18:35

**All Around Group Competition - 3 RIBBONS + 2 BALLS - Saturday 23th March**  
**23/3/24 18:55**

GROUP A		WARM UP 40'			TRAINING HALL 55'			5'	FOP	
START	NF	FLOOR 7	FLOOR 6	WALKING 5'	FLOOR 5	FLOOR 4	FLOOR 3	FLOOR 2	WAITING AREA 5'	FLOOR 1
ORDER										
1	ISR		16:05	5'		17:50		18:45	18:50	18:55
2	BUL	16:10		5'	17:55			18:50	18:55	19:00
3	POL		16:15	5'		18:00		18:55	19:00	19:05
4	GER	16:20		5'	18:05			19:00	19:05	19:10
5	HUN		16:25	5'			18:10	19:05	19:10	19:15
6	ITA	16:30		5'	18:15			19:10	19:15	19:20
7	CHN		16:35	5'			18:20	19:15	19:20	19:25



**FIG RHYTHMIC GYMNASTICS WORLD CUP**  
**22 – 24 MARCH 2024**  
**PALAU FALIRO, ATHENS (GRE)**



Final Group Competition Per Apparatus - 5 HOOPS - Sunday 24th March  
 24/3/24 16:22 - 17:02

5 HOOPS		WARM UP 40'			TRAINING HALL 50'				FOP	
START ORDER	NF	FLOOR 7	FLOOR 6	WALKING 5'	FLOOR 5	FLOOR 4	FLOOR 3	FLOOR 2	WAITING AREA 5'	FLOOR 1
1	7		14:42	5'	15:27				16:17	16:22
2	6	14:47		5'	15:32				16:22	16:27
3	5		14:52	5'		15:37			16:27	16:32
4	8	14:57		5'		15:42			16:32	16:37
5	1		15:02	5'			15:47		16:37	16:42
6	4	15:07		5'			15:52		16:42	16:47
7	2		15:12	5'				15:57	16:47	16:52
8	3	15:17		5'				16:02	16:52	16:57

Final Group Competition Per Apparatus - 3 RIBBONS + 2 BALLS - Sunday 24th March  
 24/3/24 19:24 - 20:04

3 RIBBONS + 2 BALLS		WARM UP 40'			TRAINING HALL 50'				FOP	
START ORDER	NF	FLOOR 7	FLOOR 6	WALKING 5'	FLOOR 5	FLOOR 4	FLOOR 3	FLOOR 2	WAITING AREA 5'	FLOOR 1
1	1		17:44	5'	18:29				19:19	19:24
2	3	17:49		5'	18:34				19:24	19:29
3	2		17:54	5'		18:39			19:29	19:34
4	6	17:59		5'		18:44			19:34	19:39
5	4		18:04	5'			18:49		19:39	19:44
6	8	18:09		5'			18:54		19:44	19:49
7	5		18:14	5'				18:59	19:49	19:54
8	7	18:19		5'				19:04	19:54	19:59